

CBNA Girls Soccer

Program Philosophy & Expectations

Sportsmanship

Coe-Brown Northwood Academy & its coaches consider sportsmanship to be a top priority.

Coe-Brown has won more sportsmanship awards than any other NHIAA school over the past 15 years in the entire state, ALL DIVISIONS!

It is the expectation that all players and spectators respect the integrity and judgment of everyone involved in all contests, including opponents and game officials.

- Represent the academy and community with the highest level of respect & integrity.
- **ATHELTICS ARE THE FRONT PORCH OF OUR SCHOOL & COMMUNITY!** We are the 1st impression of the Academy, the students, staff, and community at large. Our actions impact the opinion and judgement of our school by others.
- Always treat the opponent, opposing coaches, and officials with respect.
- Exercise self-control at all times, accepting official's decisions and abiding by those decisions.
- Respect the call of the officials and his/her interpretation of the rules.
- Communicate with the officials regarding the clarification of a ruling in a respectful and controlled manner.
- Accept both victory and defeat with pride, grace, & dignity.
- Congratulate the opponents & coaches in a sincere manner following either victory or defeat.
- Never taunt an opponent or celebrate an accomplishment in such a way as to: show up your opponent, demonstrate a lack of respect for your opponent, officials, or coaching staff, or provoke another team or its spectators. **This includes social media.**

Team Selection

- (*) This year, with the increased numbers of girls planning on trying out for girls' soccer, the tryouts will be **VERY COMPETITIVE**. As a result, we will have extended tryouts. This will allow the girls the opportunity to show their ability and compete for a spot within the program.
- The coaching staff will use the extended time to evaluate players and possible positions as they fit within the program. **NO PLAYER** is guaranteed a spot on a team regardless of if they have played for CBNA in previous seasons.

"For the strength of the wolf is the pack, and the strength of the pack is the wolf." – Rudyard Kipling

- With a limited number of positions, competitive tryouts, and large numbers of players anticipated to tryout, cuts are inevitable. ANY player can be cut from the program, regardless of previous playing experience with CBNA or other program. We use the tryout days as the determining factor of who makes the CBNA girls soccer program.

Coe-Brown has the privilege of fielding 2 teams within the Girls Soccer Program. Each team has different goals with the same expectations for all players regardless of the level.

Varsity:

- This team consists of the most skilled players as determined by the coaching staff in all grade levels (9 through 12) within our program. Typically the team consists of the best 18 players in the program as determined by the coaching staff.
- A player selected for varsity must be able to physically compete at the varsity speed of play.
- The Varsity Team has a 16 match schedule plus a playoff schedule which may add upwards to two additional weeks at the end of the season. **Prior season varsity players are NOT automatically guaranteed a position on the varsity team the following year.**
- In order to be selected for this team, you must have the necessary skill set to compete at this level as determined by the coaching staff, demonstrate the positive attitude necessary to compete, and fit as part of the “puzzle” based on skill, speed, position(s) played, and team chemistry.
- Seniors are not permitted to compete on the Junior Varsity.
- As a program philosophy, ***we allow juniors to play JV only under specialized and individual circumstances as determined by the coaching staff.*** It is our belief that JV should feature freshmen and sophomore athletes as they prepare for the possibility of playing varsity in the future.
- **Players making varsity are granted the opportunity to play in all REGULAR SEASON contests.** However, the amount of playing time is varied and is determined by multiple factors including, but not limited to: game situations, tempo, execution on the field, conditioning (recovering from injury, illness, etc.), openness to coaching and counsel, attitude in practice, and practice performance. Playoff games **will not** have the promise of playing time for all players.

Junior Varsity:

- Consists of players in 9th through 11th grade. As a program philosophy, ***we allow juniors to play JV only under specialized and individual circumstances as determined by the coaching staff.***
- It is our belief that JV should feature freshmen and sophomore athletes as they prepare for the possibility of playing varsity in the future.
- Seniors are not permitted to participate on the Junior Varsity team as this program is reserved to develop players for participation at the Varsity level.

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- JV athletes should have solid individual skill set and are working towards increasing her speed of play.
- Players should have an intermediate knowledge of soccer strategies.
- Players at the JV level are introduced to how to make adjustments within the different formations utilized by the varsity program.
- The team usually has a 16 match schedule during the course of the season.
- Players showing promise on this team may be asked to temporarily or permanently move up to the varsity team at any time throughout the season.
- It is important for you to always be preparing for this opportunity. Players are selected to move up to the varsity for several different reasons including:
 - Injuries to varsity players
 - Position player is capable of playing at the varsity level as well as the varsity team's need at the time players are called up
 - Work ethic on the field in games and practice
 - Potential to be able to adapt quickly to the varsity level speed of play

() We typically invite a handful of JV players to practice and prepare with the varsity team for the NHIAA playoffs each season at the completion of the JV season. Those players invited up are added to the playoff roster, receive a varsity uniform, practice with the varsity team, and may potentially get the opportunity to play in a NHIAA playoff game. The goal is to reward the best JV players for their hard work, dedication, and effort.*

- **Players making junior varsity are granted the opportunity to play in all REGULAR SEASON contests.** However, the amount of playing time is varied and is determined by multiple factors including, but not limited to: game situations, tempo, execution on the field, conditioning (recovering from injury, illness, etc.), openness to coaching and counsel, attitude in practice, and practice performance

Playing Time Considerations

Multiple factors go into the decision making process with regards to playing time. **Playing time is decided on, but not limited to, the following examples:**

- Game situations
- Game Tempo
- Execution on the field
- Conditioning (recovering from injury, illness, etc.).
- Openness to coaching and counsel
- Attitude in practice and practice performance
- CBNA strengths & weaknesses as they relate to the opponent.
- Conditioning level of the team and individual players.
- The opposing team's strengths and weaknesses and how CBNA can best compete.

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- Positional strengths & needs
- The effort, focus, and ability to accept coaching
- Individual player's attitude & effort put forth in practices and matches.
- Whether or not the player was on time to practices or game.
- The level of sportsmanship displayed by the players.
- The offensive and / or defensive needs of the team or game situation.
- Positional and player performance. Sometimes certain players are “in the zone” and are excelling in that game or situation.

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